

Kursy/the Old School

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Journal of Ukrainian Studies 1980
Growing Up Susan Meredith 1999-01-01 Discusses changes that adolescents undergo during puberty, chiefly the physical changes.
Statistical Tables to "The Ukrainian Canadians: a History" Mykhailo H. Marunchak 1986
Olga's Story Stephanie Williams 2006-07-27 Olga Yunter was born in July 1900 in a remote frontier post in southern Siberia. A girlhood played out against the backdrop of the China trade changed forever, when, at seventeen, Olga joined her brothers in their fight against the Bolsheviks. Death and retribution followed. Olga was forced to flee to China, rubies sewn into her petticoats. Twice more Olga would be forced to leave everything behind - first to escape Mao's Communists, and again when Japan invaded China during World War II. From the comfort of her family to the terror of revolution, war and exile, Olga's Story is the heartbreaking tale of the author's grandmother.
World Survey of Education 1955

An Anthology of Jewish-Russian Literature: 1801-1953 Maxim Shrayer 2007 Gathers stories, essays, memoirs, excerpts from novels, and poems by more than 130 Jewish writers who worked in the Russian language. This two-volume set is organized chronologically. The first volume spans the nineteenth century and the first part of the twentieth century. The second volume covers the period from the death of Stalin.

Inland Printer, American Lithographer 1939

A Course in Miracles 2005

Neurolanguage Coaching Rachel Paling 2017-03-01 Neurolanguage Coaching is a model that brings together crucial findings in the fields of neuroscience and integrates these into a coaching process to revolutionise language learning as we know it.

Russian Journalism and Politics, 1861-1881 Effie Ambler 1972

Russian Social Media Influence Todd C. Helmus 2018-04-12 Russia employs a sophisticated social media campaign against former Soviet states that includes news tweets, nonattributed comments on web pages, troll and bot social media accounts, and fake hashtag and Twitter campaigns. Nowhere is this threat more tangible than in Ukraine. Researchers analyzed social media data and conducted interviews with regional and security experts to understand the critical ingredients to countering this campaign.

An Anthology of Jewish-Russian Literature Maxim D. Shrayer 2015-03-26 This definitive anthology gathers stories, essays, memoirs, excerpts from novels, and poems by more than 130 Jewish writers of the past two centuries who worked in the Russian language. It features writers of the tsarist, Soviet, and post-Soviet periods, both in Russia and in the great emigrations, representing styles and artistic movements from Romantic to Postmodern. The authors include figures who are not widely known today, as well as writers of world renown. Most of the works appear here for the first time in English or in new translations. The editor of the anthology, Maxim D. Shrayer of Boston College, is a leading authority on Jewish-Russian literature. The selections were chosen not simply on the basis of the author's background, but because each work illuminates questions of Jewish history, status, and identity. Each author is profiled in an essay describing the personal, cultural, and historical circumstances in which the writer worked, and individual works or groups of works are headnoted to provide further context. The anthology not only showcases a wide selection of individual works but also offers an encyclopedic history of Jewish-Russian culture. This handsome two-volume set is organized chronologically. The first volume spans the nineteenth century and the

first part of the twentieth century, and includes the editor's extensive introduction to the Jewish-Russian literary canon. The second volume covers the period from the death of Stalin to the present, and each volume includes a corresponding survey of Jewish-Russian history by John D. Klier of University College, London, as well as detailed bibliographies of historical and literary sources.

The Incredible Teenage Brain Bettina Hohnen 2019-10-21 This book is a must read for anyone parenting, teaching or supporting teens, who wants to empower them to reach their potential. Written by a team of clinical psychologists, it leads you through tried and tested strategies to build strong relationships and improve communication with young people as they develop, learn and grow. In the book we learn that the 'teenage brain' is unique which gives us an incredible opportunity for change and development, but it is also a time when young people are particularly sensitive and potentially vulnerable . It guides you through ways to communicate effectively with teens without negatively affecting their self-esteem. There are plenty of tips about what to say, what not say and the best mindset to use with teens, day to day. The authors draw from the latest research in neuroscience and psychology, years of clinical expertise and first-hand parenting experience. It's relatable like your best friend's advice, and informed by scientific evidence - easy to read, hard to put down.

The Jews in Poland and Russia Antony Polonsky 2010-06-17 In his three-volume history, Antony Polonsky provides a comprehensive survey—socio-political, economic, and religious—of the Jewish communities of eastern Europe from 1350 to the present. Until the Second World War, this was the heartland of the Jewish world: nearly three and a half million Jews lived in Poland alone, while nearly three million more lived in the Soviet Union. Although the majority of the Jews of Europe and the United States, and many of the Jews of Israel, originate from these lands, their history there is not well known. Rather, it is the subject of mythologizing and stereotypes that fail both to bring out the specific features of the Jewish civilization which emerged there and to illustrate what was lost. Jewish life, though often poor materially, was marked by a high degree of spiritual and ideological intensity and creativity.

Antony Polonsky recreates this lost world—brutally cut down by the Holocaust and less brutally but still seriously damaged by the Soviet attempt to destroy Jewish culture. Wherever possible, the unfolding of history is illustrated by contemporary Jewish writings to show how Jews felt and reacted to the complex and difficult situations in which they found themselves. This second volume covers the period from 1881 to 1914. It considers the deterioration of the position of the Jews during that period and the new political and cultural movements that developed as a consequence: Zionism, socialism, autonomism, the emergence of modern Hebrew and Yiddish literature, Jewish urbanization, and the rise of popular Jewish culture. Galicia, Prussian Poland, the Kingdom of Poland, and the Tsarist Empire are all treated individually, as are the main towns of these areas. Volume 1 covers the period 1350–1881; Volume 3 covers 1914–2008.

Congressional Record United States. Congress The Congressional Record is the official record of the proceedings and debates of the United States Congress. It is published daily when Congress is in session. The Congressional Record began publication in 1873. Debates for sessions prior to 1873 are recorded in The Debates and Proceedings in the Congress of the United States (1789-1824), the Register of Debates in Congress (1824-1837), and the Congressional Globe (1833-1873)

Russian emigré recollections life in Russia and California oral history transcript 1979-1983 Olga Chapovitsky Morgan Russian emigré recollections life in Russia and California oral history transcript 1979-1983

The Sold Out Dream Julius F. Przesmycki 1991

Postsocialist Landscapes Thomas Lahusen 2020-04-30 Since the fall of the Iron Curtain, formerly socialist countries have gone through manifold transformations, whilst remnants of socialism remain ubiquitous. The volume explores various spaces of the postsocialist landscape, presenting a mixture of real and imaginary spaces, of memory and nostalgia, of aesthetic and political symbolism, of the global East and the global South, of academic and essayistic writing. It casts a glance at the heterogeneous relics of socialism and their transformation in very different parts of the world. From the description of (post-)socialist interiors, façades, neighborhoods, parks, monuments, and objects towards the imaginary spaces of literature, the contributors describe the concreteness and intimacy of some of the places that span across and even beyond of what is left of the »second world« today.

Stiff Upper Lip Alex Renton 2017-04-06 'A brave and necessary book' GUARDIAN 'Shocking, gripping and sobering' SUNDAY TELEGRAPH No other society sends its young boys and girls away to school to prepare them for a role in the ruling class. Beating, bullying, fagging, cold baths, vile food and paedophile teachers are just some of the features of this elite education, and, while some children loved boarding school, others now admit to suffering life-altering psychological damage. Stiff Upper Lip exposes the hypocrisy, cronyism and conspiracy that are key to understanding the scandals over abuse and neglect in institutions all over the world. Award-winning investigative journalist Alex Renton went to three traditional boarding schools. Drawing on those experiences, and the vivid testimony of hundreds of former pupils, he has put together a compelling history, important to anyone wondering what shaped the people who run Britain in the twenty-first century.

Sekrety Treningu Old School Francesco Schipani 2022-03-25 "Księżka opisująca ćwiczenia polegające na podnoszeniu ciężarów w starym stylu. UWAGA: Jeżeli do tej pory nie udało Ci się wyrzeźbić ciała o jakim marzysz, znaczy, że nie znasz właściwej metody na osiągnięcie sukcesu. A więc stop! Pozamykaj wszystkie niepotrzebne okienka na ekranie Twojego monitora i skup się: wszystko to co mówiono Ci do tej pory o tym jak zwiększyć swój siłę i przybrać na masie jest nieprawdą. Mamy ważny sekret, którym chciałbyśmy się z Tobą podzielić. Wreszcie narodził się projekt OST – „Old School Training” – Kulturystyka dla Mistrzów: pierwsza i jedyna włoska księżka dotycząca treningu w starym stylu, dzięki której zapomnisz wszelkie inne metody jakie wykorzystywałeś do tej pory!
NOTA BENE: OSTTM to program przeznaczony wyłącznie dla kulturystów z... jajami oraz ciężarówców, którzy chcą osiągnąć absolutny szczyt możliwości na jakie pozwala im własna genetyka. Drogi Czytelniku, nazywamy się Oreste Maria Petrillo & Francesco Schipani i zajmujemy się indywidualnymi programami treningowymi, kulturystką oraz podnoszeniem ciężarów. Nie zamierzamy marnować Twojego czasu. Zdajemy sobie sprawę, że poszukujesz prostego i skutecznego rozwiązania na zwiększenie masy mięśniowej oraz rzeźby i

tak się szczytnie składa, że mamy nadzieję na to czego szukasz. Właśnie skończyliśmy pracę nad naszym nowym super kursem w trakcie którego przedstawimy Ci w jaki sposób możesz wykorzystać metody używane przez ciężarówców z przeszłości: The Secret Book Of Old School Training. Mówiąc bardziej szczegółowo, oto czego możesz dowiedzieć się z naszej książki: – W jaki sposób przezwyciężyć prawdopodobnie najwęższy (człsto nie do przezwyciężenia) przeszkodę na jaką trafiają początkujący ciężarowcy, starający się nałodyć coraz więcej kręków na sztangę i zwiększyć obwód swojego bicepsa; – Co zrobić kiedy trafisz na okres stagnacji w trakcie programu (jeśli zechcesz ją zignorować to na własne ryzyko). – Dowiesz się też dlaczego większość tych, którzy próbują zwiększyć siłę i masę mięśniową ponosi porażkę oraz jak właściwie trenować, żeby do nich nie dołączyć. – Poznasz słynną technikę „5x5” – potężną i szybką metodę na osiągnięcie niewiarygodnych rezultatów. – 3 rzeczy które koniecznie musisz wiedzieć aby skutecznie trenować.

Wszystko to i wiele innych rzeczy! Dobra wiadomość jest taka, że wcale nie musisz rozbić banku aby mieć dostęp do wszystkich powyższych informacji; ciekłe możesz skorzystać z naszej promocyjnej ceny premierowej... jedynie 25! Dlaczego tylko tyle? Prawdę mówiąc, cena powinna być znacznie wyższa. Mamy jednak swoje powody dla których zdecydowaliśmy na tak niską cenę. Mianowicie, to pierwszy raz kiedy udostępniamy ten materiał szerszemu gronu czytelników, dlatego w ten sposób będziemy mogli się zorientować jaki jest popyt i zapotrzebowanie na nasz program treningowy. Kiedy tylko będziemy mieli rozzeznanie w temacie, będziemy mogli znacznie podnieść cenę książki. Chcemy także zadziwić Cię jakością oferowanych usług i informacji abyś opowiadał o nich wszystkim znajomym. Nie ma na to lepszego sposobu niż udostępnienie Ci rozwiązania Twoich problemów praktycznie za darmo. Dobrze wiemy, że najprostszym sposobem na sprzedaż większej ilości książek jest zaoferowanie wielokrotnie większej wartości i jakości, niż w innych książkach dostępnych z tej samej półki cenowej. Właśnie dlatego zdecydowaliśmy się także na krótko udostępnić nasz dodatkowy i ekskluzywny bonus: „Zapytaj o to czego nie zrozumiałeś”. Wystarczy wysłać nam zwykłą wiadomość e-mail na adres successovm@gmail.com, a my odpowiemy na wszelkie Twoje wątpliwości. Pamiętaj jednak, że oferta obowiązuje co najwyżej trzy zapytania na każdą zakupioną egzemplarz książki i wyłącznie dla pierwszych 10 sprzedanych egzemplarzy. To tak jakbyś miał trenera do Twojej dyspozycji zupełnie za darmo! "

The Machine Gun George Morgan Chinn 1951

The Medicinal Chef Dale Pinnock 2021-03-04 In this best-selling cookbook, TV's nutrition expert Dale Pinnock presents his unique and inspiring approach to healthy cooking. With 80 simple, tasty recipes, Dale shows how easy it can be to use food to benefit your health and complement conventional treatment. Alongside the recipes there is a glossary of key ingredients and the nutritional benefits they can bring, as well as advice on how food can make a real difference to more than thirty ailments and nine key bodily systems. Dale's delicious dishes, such as his date and walnut Energy Bombs and Pineapple Zing Smoothie, really can help give a boost to all of your body's systems and improve energy levels. Try the filling Tuna Steaks with Sweet Potato Wedges and Spring Greens packed full of Omega 3 which reduces inflammation caused by arthritis and even helps alleviate depression. From the The Famous Flu Fighter soup to Greek Pitta Pizza, and even decadent desserts such as Cheating Chocolate-Orange Delight, every recipe is easy to shop for and quick to prepare. With simple symbols to indicate which conditions each recipe can help, eating your way to good health has never been easier or more delicious.

Hands of Light Barbara Ann Brennan 1988 Building on the ideas of holistic medicine, this book develops the idea of the human energy field, exploring how this can be tapped into to promote healing

Current List of Medical Literature 1950-07 Includes section, "Recent book acquisitions" (varies: Recent United States publications) formerly published separately by the U.S. Army Medical Library.

Health Planning Reports Subject Index United States. Health Resources Administration 1979

The Development of Russian Evangelical Spirituality Gregory L. Nichols 2011-11-09 Today, many evangelicals in the Russian-speaking world emphasize sanctification as a distinctive mark of their Christian faith. This is a unique characteristic, particularly in the European context. Their historic tapestry has been woven from a number of threads that originated in the second half of the nineteenth century. Missionary efforts of the German Baptists, a revival sparked by a British evangelist, and a pietistic awakening among the Mennonites in the South converged to form a tapestry that displays Protestant, Baptist, and Anabaptist heritage. Ivan Kargel uniquely participated in the

formation and ministry of each of these threads. His life spans from Tsarist Russia to the Soviet Union. Kargel refused to adhere to a systematic view of theology. Instead, he urged believers to go to Scripture and draw from the riches of a life united with Christ. Kargel's influence today is keenly felt across the Russian-speaking evangelical world as they seek to identify the roots of their spiritual identity. This book examines the influences on Ivan Kargel and offers insights into how his life and work are expressed in the tapestry of Russian evangelical spirituality.

New Soil, Old Roots IDA Rozumny 1983

The Athenaeum 1867

The New Russian Book Birgitte Beck Pristed 2017-08-01 This book takes up the obtrusive problem of visual representation of fiction in contemporary Russian book design. By analyzing a broad variety of book covers, the study offers an absolutely unique material that illustrates a radically changing notion of literature in the transformation of Soviet print culture to a post-Soviet book market. It delivers a profound and critical exploration of Russian visual imagery of classic, popular, and contemporary prose. Among all the carelessly bungled covers of mass-published post-Soviet series the study identifies gems from experimental designers. By taking a comparative approach to the clash of two formerly separate book cultures, the Western and the Soviet, that results both in a mixture of highbrow and lowbrow forms and in ideological re-interpretations of the literary works, this book contributes to opening an East-West dialogue between the fields of Russian studies, contemporary book and media history, art, design, and visual studies.

Bulgakov: The Novelist-Playwright Lesley Milne 2005-07-20 First published in 1996. Routledge is an imprint of Taylor & Francis, an informa company.

The Broken Years Alexandre Sumpf 2022-02-17 The forgotten history of Russian disabled veterans' political struggle for equal rights, specialised care, education and adapted work.

Sovereignty Experiments Alyssa M. Park 2019-07-15 Sovereignty Experiments tells the story of how authorities in Korea, Russia, China, and Japan—through diplomatic negotiations, border regulations, legal categorization of subjects and aliens, and cultural policies—competed to control Korean migrants as they suddenly moved abroad by the thousands in the late nineteenth century. Alyssa M. Park argues that Korean migrants were essential to the process of establishing sovereignty across four states because they tested the limits of state power over territory and people in a borderland where authority had been long asserted but not necessarily enforced. Traveling from place to place, Koreans compelled statesmen to take notice of their movement and to experiment with various policies to govern it. Ultimately, states' efforts culminated in drastic measures, including the complete removal of Koreans on the Soviet side. As Park demonstrates, what resulted was the stark border regime that still stands between North Korea, Russia, and China today. Skillfully employing a rich base of archival sources from across the region, Sovereignty Experiments sets forth a new approach to the transnational history of Northeast Asia. By focusing on mobility and governance, Park illuminates why this critical intersection of Asia was contested, divided, and later reimagined as parts of distinct nations and empires. The result is a fresh interpretation of migration, identity, and state making at the crossroads of East Asia and Russia.

Survivors Jadwiga Biskupska 2022-02-28 Reveals the harrowing story of life in Warsaw under Nazi occupation and explores resistance to the regime by the Warsaw intelligentsia.

Pitirim A. Sorokin Barry V. Johnston 1995 "A remarkably detailed, knowing, critical, and even-handed study of one of the most dramatic, complex, and prophetic sociologists of our time". -- Robert K. Merton, author of On the Shoulders of Giants. "A major contribution to the history of sociology". -- Robert Bierstedt, author of American Sociological Theory.

Russia in the Era of NEP Sheila Fitzpatrick 1991 "... a comprehensive look at an enigmatic era..." --Choice "This provocative collection of essays certainly takes some of the polish off Soviet socialism's golden age." --Journal of Interdisciplinary History "The authors and editors of this splendid volume deserve great praise. Their work moves the field of Soviet history several large steps forward." --Slavic Review Lenin's New Economic Policy of the 1920s, although a relatively free and open potential alternative to Soviet communism, was also a time of extreme tension, as Russian society and culture were rocked by the forces of resistance and change. These essays examine the social and cultural dimensions of NEP in urban and rural Russia in the years before Stalin and rapid industrialization.

Cook with Jamie Jamie Oliver 2007-10-02 My guide to making you a better cook. I can't tell you how long I've dreamed about writing this book. It's the biggest book I've ever done, and I've really tried to make it a timeless, modern-day classic. Whether you're a student, a young couple, an established cook, or a novice, I'll take you through a whole load of simple and accessible recipes that will blow the socks off your family and any guests you might have round for dinner. There's information on the equipment that I think you should have in your kitchen, advice on how to recognize and cook loads of different cuts of meat, as well as on how to get the best value and quality when you're out shopping. With all of us consuming more processed food than ever, it's a sad fact that most people just aren't confident enough to cook anymore. With this in mind, now is the time for you to get stuck in and reclaim your fantastic cooking heritage! You know what . . . if you're going to eat three times a day for the rest of your life, you might as well learn to cook properly and enjoy it! So roll up your sleeves and let me help you. P.S.: By the way, you should feel good about buying this book because every single penny I make from it will go toward training and inspiring young kids from tough backgrounds all over the world to have a career in food through the Fifteen Foundation.

So on behalf of them, thank you.

Accelerated Partial Breast Irradiation David E. Wazer 2006-08-02 This text is a concise handbook designed to assist the clinician in the implementation of Accelerated Partial Breast Irradiation (APBI). It includes a review of the

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principles that underlie APBI, a practical and detailed description of each technique for APBI, a review of current clinical results of APBI, and a review of the incidence and management of treatment related complications. The book encompasses a number of different techniques and approaches that include brachytherapy, intraoperative, and external beam techniques. There is currently no single source that describes these techniques and their clinical implementation.

The London Journal, and Weekly Record of Literature, Science, and Art 1857

The Cultivator & Country Gentleman 1886

A Biographical Dictionary of Women's Movements and Feminisms Francisca de Haan 2006-01-10 This Biographical Dictionary describes the lives, works and aspirations of more than 150 women and men who were active in, or

part of, women's movements and feminisms in Central, Eastern and South Eastern Europe. Thus, it challenges the widely held belief that there was no historical feminism in this part of Europe. These innovative and often moving biographical portraits not only show that feminists existed here, but also that they were widespread and diverse, and included Romanian princesses, Serbian philosophers and peasants, Latvian and Slovakian novelists, Albanian teachers, Hungarian Christian social workers and activists of the Catholic women's movement, Austrian factory workers, Bulgarian feminist scientists and socialist feminists, Russian radicals, philanthropists, militant suffragists and Bolshevik activists, prominent writers and philosophers of the Ottoman era, as well as Turkish republican leftist political activists and nationalists, internationally recognized Greek feminist leaders, Estonian pharmacologists and science historians, Slovenian 'literary feminists,' Czech avant-garde painters, Ukrainian feminist scholars, Polish and Czech Senate Members, and many more. Their stories together constitute a rich tapestry of feminist activity and redress a serious imbalance in the historiography of women's movements and feminisms.